

## Champers with Celebs at London's Savoy Hotel?

### ...Nanaimo Girl Says "Oh Yes!"

**VICTORIA, BC, Wednesday, April 22, 2020**—PR and publicity maven Prudence Emery's memoir **Nanaimo Girl** is finally out. Hungry for an escape with Louis Armstrong, Sophia Loren, Matt Damon, Paul McCartney, Charlie Chaplin, even a dancing bear or two? Welcome to **Nanaimo Girl**.

Prudence Emery was born with an appetite for delight and rebellion. She was born in Nanaimo into a family of eccentrics in 1936. Sent to boarding school to become a lady (spoiler: did not happen), Prudence escaped to London, England to explore a little art and a lot of the art of the party. From failed attempts of selling hand-woven plastic bath mats made from discarded BBC radio tapes to crooning Irish ballads to fishermen in Cork, to posh parties at the Cavalry Club, Prudence was on fire. And this is just the beginning of the adventure that is **Nanaimo Girl**.

"These are bleak times, so a memoir from someone who merrily defied expectations is welcome—a must-read book for spring 2020." -Susan G. Cole, NOW Magazine

Prudence Emery's astonishing and entertaining memoir recounts countless escapades, celebrations and work at Montreal's Expo 67, the Metro Toronto Zoo, The luxury Savoy Hotel, with another thirty years doing film publicity for 120+ films, ten of these for David Cronenberg. The memoir's cast is exceptional, from Twiggy to Liza Minelli, from Sir Noël Coward to Denzel Washington, from Margot Kidder to Peter O'Toole, from Viggo Mortenson to Bruce Willis, to name very few.

"It's often jaw-dropping to read her recounting of a bygone era in the 1960s when the most famous people in the world dropped by the Savoy, when every night was a party, long liquid lunches the order of the day, everyone tending to end up in bed with everyone else, and political correctness meant not misspelling Pierre Elliott Trudeau's name." -Ron Base, Amazon.ca review

**Nanaimo Girl** is packed with fame, fortune and frivolity. But, it is also a carefully recalled and savoured account of Prudence Emery's life well-lived. Brash, cunning, with a laugh that has inspired small children to follow her from restaurants, she is the individual incarnate. Now fuchsia-haired and 83, Prudence resides in Victoria, BC, where she is always creating, always curious. This dynamo was, and remains, anything but prudent.

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